



## Calendar for the week of March 8 to March 12, 2010

Monday Mar. 08/10	Tuesday Mar. 09/10	Wednesday Mar. 10/10	Thursday Mar. 11/10	Friday Mar. 12/10
Staff & Family Mass 4:00 pm Fr. D'Costa Bessborough	Grade 7B Class Mass Fr. Jarek Bessborough	Staff & Family Mass 7:30 am Fr. Budke LC Bessborough	Grade 8G Class Mass 11:15am Fr. Budke LC Bessborough	Students & Family Mass 2:30 pm Fr. Bannon LC Gym
Music Festival All Week	Cross Country Skiing 8G	<b>NO SCHOOL PK-Gr.12</b>	SPA for the Soul 9 am at St. Michael's	Coffee & Conversation
Book Fair from Monday to Thursday	Gr .5 & 9 Vaccinations	Celebration of Learning K-6  Holy Inspiration Fundraiser	Men's Inspired Leadership at 7:30 am Petroleum Club  CWA - Open House 7 pm Keller Hall	Gr. 6 Ski Trip

### UPCOMING DATES:

**March 15**  
Staff & Family Mass – 4:00 pm  
Music Festival Choral Singing  
Week

**March 16**  
Gr. 8B Class Mass – 11:15 am

**March 17**  
Staff & Family Mass – 7:30 am

**March 18**  
Gr. 9G Class Mass - 11:15am

**March 19**  
Students/Guests Mass 2:30 pm  
Gr. 9 Vaccination  
Information Session Only

## WINE & CHEESE – PARENT INFORMATION EVENING

All parents please plan to attend an information evening  
where we will unveil the future plans for Clear Water Academy!

Monday, March 22<sup>nd</sup>, 2010 at 7:30pm at Athlone Hall on the Currie Barracks

## OPEN HOUSE

Please spread the word about our upcoming Open House!! Families will learn more about Clear Water Academy's approach to teaching, forming and educating the Christian leaders of tomorrow. Our next open house will be Thursday, March 11<sup>th</sup>, 2010 from 7:00 p.m. to 9:00 p.m. at Keller Hall. Doors open at 6:45 pm. and the presentation begins at 7:00 pm. Please call Silvana Poissant at 403-240-7916 to RSVP. Campus tours to follow. Babysitters will be available.

### General School News & Event

#### Book Fair

Monkeyshine will be holding a book fair at Clear Water Academy from March 8<sup>th</sup> to March 12<sup>th</sup>. For more details please see the attached document.

## General School News & Event

### GALA NEWS

#### KID'S CONTEST

The winner of last week's Kids contest is Alexandra Wan in Grade 2B. Alexandra won a \$10 Chapters gift certificate. Congratulations!!!

#### MAKING A DIFFERENCE!

Many thanks to all who have donated items to the Gala so far. We are still eager for more gifts items to be donated to our live and silent auctions. **NO TIME - DON'T KNOW WHAT TO BUY?** Our Gala committee will gladly accept cash contributions and choose an auction item on your behalf. We also encourage families to ask any companies with whom you do business regularly to ask for donation of services as well (such as window washers, dry cleaners, furnace service, Christmas light setup, etc...). They may just reward your faithful patronage with a donation to the Gala!

## Faith in Our Community

### ENDOW Luncheon

Calling all women! Would you like to have an opportunity to get together with other Catholic women and enjoy a wonderful lunch with a great guest speaker? Are you interested in becoming a more loving wife and caring friend and co-worker? Please join us for our next ENDOW Catholic Professional Women's Luncheon to be held **Friday, March 12** from **11:30 am to 1:30 pm** at the **Calgary Golf & Country Club**. Tracy Tomiak – marriage and family counsellor, speaker, and author of the book *Thriving, Not Just Surviving: Living Abundantly with Pain* – will be speaking on “The Art of Christian Friendship: Love as a Way of Life.” Cost is \$25 per person. For tickets or more information, please contact Marianne Divjak at (403) 270-2202 or email [EndowCanada@shaw.ca](mailto:EndowCanada@shaw.ca) by Wednesday, March 10<sup>th</sup>. Hope to see you there! (Please note: there is a “No Denim” Dress Code at the Golf & Country Club.) Please see attached flyer.

### Canadian Martyrs One Day Family and Youth Missions

Make this a truly HOLY week! Serve as a missionary right here in CALGARY. For further details see attached information.

### SPA for the Soul

Don't miss this wonderful experience on March 11<sup>th</sup> at St. Michael's at 9 am. Fr. Bannon, LC will be giving a talk with the theme “Flexing your Muscles”. Please see the attached flyer for more details.

### St. Patrick's Fun Raiser Celebration

Come and join this event on Sunday, March 14<sup>th</sup>. It will be a traditional Irish meal, lots of dancing, fun and live music and a river dance competition! For more details check previous editions of the Weekly.

### Living Your Faith

**Sunday's Gospel:** Luke 13: 1-9

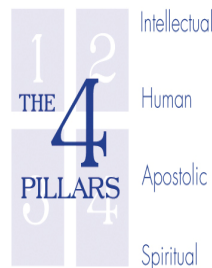
**Virtue of the Month:** Self Sacrifice

**Saint of the Month:** St. Rose

#### St. Rose

St. Rose is one of those saints who was noted for sanctity from the time she was a baby. Not only did she have a very even temperament, but as soon as she could walk she would seem attracted to the tabernacle. By the age of 3 her prayers were even credited with resuscitating her aunt!

### Integral Formation



### Living Virtue

#### Self Sacrifice

Perhaps the root of all of our problems today is human selfishness. We as Christians often live the exact same lifestyle as our contemporaries. Lent is a good time to make some concrete choices which counter our selfishness. Fasting is an effective way to fight the vices of sensuality and self indulgence.



# Want to be a Missionary?

Want to Love Christ, Serve  
Others, Build the Church?

CANADIAN MARTYRS ONE DAY  
FAMILY AND YOUTH MISSIONS!

**TAKE THE RISK. CHANGE A LIFE**

## WHAT?

Make this a truly HOLY week! Serve as a missionary right here in CALGARY

If you are planning to attend World Youth Day in Madrid This is a wonderful opportunity to get some Service work in and partake of the funds available for the youth attending.

## WHEN?

SATURDAY March 27<sup>th</sup> 8.30am – finishing with 5pm Mass  
And Dinner in the Brebauf Room

Come part of the day or all day. We want to see you there!

## WHERE?

Canadian Martyrs Catholic Church  
835 Northmount Drive, Calgary. Phone 403-284-3311

## COST:

*Family and Youth Missions:* \$25.00 a family or \$10 per person.

Registration fee includes: Use of Mission Youth hoodie, missionary cross, food and mission supplies.

Child registration includes: Missionary Cross, water bottle, food and supplies.

**\* REGISTER BY MARCH 20 AND BE ELIGIBLE FOR PRIZES\***

## HOW TO REGISTER?

E-mail [can.mar@Shaw.ca](mailto:can.mar@Shaw.ca) or contact Regina@ (403) 284-3311

*"This is no time to be ashamed of the Gospel. It is the time to preach it from the rooftops."*

John Paul II, World Youth Day Denver 1993.



**CRUSADERS BASKETBALL SCHEDULE – March 8 to March 12, 2010**

	Monday Mar. 08	Tuesday Mar. 09	Wednesday Mar. 10	Thursday Mar. 11	Friday Mar. 12
7:00 A.M.	Badminton	HS Boys	PD DAY	HS Girls	Badminton
Lunch					
After School	ISAA Semi HS Basketball Games @ Clear Water. Girls @ 330, Boys @ 500.	HS Girls	ISAA FINAL HS Basketball Games @ Rundle Academy. Girls @ 4, Boys @ 530.	HS Boys	1A Zone Challenge Games @ Heritage Christian

**Outdoor Education**

Monday – Grade 7 Boys Roller skating @ Lloyd’s Recreation. Students must bring a helmet. Roller skate rentals are free, rollerblades are \$1.

Tuesday – Grade 8 Girls Cross Country Skiing @ Canmore Nordic Center. Please dress for the weather and bring a lunch. We will be departing at 8:30 and back for regular pickup.

Wednesday – No outdoor ed due to PD Day

Thursday – Grade 9 Girls Hockey @ Stu Peppard. Please bring skates and a helmet.

**Season 3 Athletics**

The third athletic season at Clear Water is upon us. Badminton starts this coming Monday with morning practice. Miss Cameron is the head coach.

Floor hockey starts the following week with the first practice on the morning of March 17<sup>th</sup>. Mr. McKenna will be the boys head coach, Mr. Forrester the girls head coach. Mr. D’Angelo will be helping out.

Continued next page.....

### **High School Basketball Playoffs**

Come on out to cheer on the High School Basketball teams in their playoff action next week. On Monday, the girls will be hosting the league semi final after the school. The boys will also have a semi following that game.

On Wednesday if the teams are successful, they move onto Rundle Academy for the league championship games. Girls @ 4 pm and boys following.

### **Athlete of the Month – February 2010 Sally Vos**

This month's athlete of the month is an active participant of Crusaders' athletics and an especially integral member of the high school girl's basketball team. She is a versatile player who can get it done on both ends of the court and has the ability to take control of the game when necessary. She always comes to practice with a smile on her face - eager to work hard and to help those around her improve. She has helped lead the girls to an undefeated regular season in league play and will definitely be a main factor in their playoff run. Congratulations to Sally Vos!

**Paul D'Angelo**

**Director of Athletics**

E-mail: [pdangelo@clearwateracademy.com](mailto:pdangelo@clearwateracademy.com)